

# **FVIA Pond Hockey Official Rules**

## **Team Rules:**

Teams must have a minimum of 6 players and 1 goalie on the roster

Teams may not have any more than 14 players and 2 goalies on the roster

Teams will need matching jerseys in order to participate. If a player forgets his/her jersey, they will need one that is the same color. Jerseys can be ordered at B&R Sports.

Each team needs a designated team manager and designated team coach; these two are the only team officials that can correspond with the league commissioner on team matters. Please have all team parents use the team officials as their outlet to the league commissioner.

Every participant must be USA Hockey Certified

Team rosters must be filled out and emailed to the Hockey Director at [jwood@fvia.us](mailto:jwood@fvia.us)

## **Game Rules:**

Players must check in at the front counter before taking the ice, those who have not checked in before the drop of the puck without notifying the game official(s) are not permitted to play.

Use of non-rostered players is strictly prohibited. Only exceptions from the league commissioner are permitted to play. The league commissioner will clear it with both teams before the start of the game.

The home team will need to designate a scorekeeper for the game. The only level that will not need the score kept is Mite Recreational.

Teams will need to provide their own pucks and water bottles for each game

Each game is 20 minutes in length. Each shift is 1 minute in length and will be started/ended by the clocks horn.

Players may not leave the bench until the player they are changing for has touched anywhere on the boards along the bench opening. First offense will result in bench warnings to both teams, any offense after results in a penalty.

There are no offsides, or icings.

Body checking is not allowed at any level. Please review the difference between body contact and body checking.

If the game ends in a tie, there will be a sudden victory shootout. Each team will be allotted one shooter each round. The first round that there is a scorer and non-scorer, ends the shootout.

The visiting team will always shoot first. No player can shoot twice unless their whole team has shot already.

These rules are subject to change, and will be redistributed upon any changes made by the league commissioner or hockey director.

## **Penalties:**

Penalties are from the USA Hockey Handbook.

A penalty will result in a penalty shot

Zero tolerance will be enforced.

Playing the puck after the whistle will result in a warning to both benches, followed by a penalty for each offense after the warning. The only exception is if the goaltender has possession of the puck during the horn, they may play the puck at their will.

Any player who receives 4 or more penalties in a single game, is automatically removed from the game, and suspended for 1 additional game at the minimum. An appeal can be made with the league commissioner.

Any player who receives a major penalty is automatically removed from the game, and suspended for 1 additional game at the minimum. An appeal can be made with the league commissioner.

Any player who receives an Unsportsmanlike Conduct penalty is automatically removed from the game. There is no minimum suspension, but the league commissioner has the right to review the situation and implement any suspension he/she deems fit.

Any player who receives a "Fighting" or "Fisticuffs" penalty will be automatically removed from the game and not allowed to play until reinstated by the league commissioner.

## **Game Day Procedure:**

Each game series has 50 minutes to be completed

As soon as the Zamboni doors close, the warmup clock should begin.

3:00 minute warmup

1:00 minute to pick up pucks and assemble starting group

20:00 minute game, with only clock stoppages for penalty, injury, or puck out of play

1:00 for sudden victory shootout (if necessary)

1:00 minute for intermission

20:00 minute game, with only clock stoppages for penalty, injury, or puck out of play (Teams will not switch ends or benches)

1:00 for sudden victory shootout (if necessary)

These rules are subject to change, and will be redistributed upon any changes made by the league commissioner or hockey director.